

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Adriaan Venter**

Has successfully participated & completed the

**Solo Steer Cowhouse Cross Duathlon 2017 #7**

held at Cowhouse Market.

**TIME 01:40:58**

**PACE 06:42/km**

**GENDER 19 of 23**

**OVERALL 28 of 41**

**OPEN 10 of 13**

12 November 2017, Sun

Date



*BoutTime*

Signature

